



The Complete EFT Training Course

A New Style of Training

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A 13-week immersive training course with expert guidance & real world business support

Why This Course?

Since 2016, I have trained hundreds of new EFT practitioners, many of whom have gone on to build thriving businesses and transform lives.

EFT training is a powerful journey, but many traditional courses are short, intensive, and overwhelming, leading to a lack of confidence when it comes to actually practicing.



That's why I created this unique 13-week training program. It is designed for:

- ✓ Beginners who want to develop strong EFT skills.
- ✓ Holistic practitioners adding EFT to an existing practice.
- ✓ Coaches & therapists integrating EFT into their work.
- ✓ Anyone passionate about helping others heal through EFT.

◆ This is NOT a 'quick certification' course. It's an immersive experience designed to give you deep confidence, hands-on experience, and the business skills to launch successfully.



More Than Just Training – A Complete EFT Practitioner Journey

Many EFT trainees struggle after completing their training because:

- ✗ The course was too short to absorb the material
- ✗ They didn't get enough practical experience
- ✗ There was no support in launching their business
- ✗ They lacked mentorship and confidence to work with clients

This course is different:

- ✨ Structured over 13 weeks, allowing time to absorb and practice
- ✨ Small group setting for personal attention & mentorship
- ✨ Business support included, so you can confidently launch your EFT practice
- ✨ Real-world training, including practice sessions with clients

What to Expect in your EFT Practitioner Training

This course follows a step-by-step approach, ensuring you not only learn EFT but truly embody it through practice.



30+ hours of EFT practice (12+ hours with real clients).



Weekly swap sessions with colleagues and feedback.



Self-tapping practice (minimum 10 minutes daily).

13 weekly half-day live training sessions (50% of your course hours)



Weekly assignments to solidify learning & help build your business.

Training journal to reflect on experiences



Fortnightly mentoring for support & guidance.



Group meet-ups to discuss progress



How You'll Be Assessed & Certified

Unlike traditional EFT training, which often feel rushed, this course gradually builds your confidence and skills.

Your progress is assessed through







- ✓ Weekly quizzes to reinforce learning.
- ✓ Weekly assignments focused on building your business & skills (not just theory!)
- ✓ Your training journal, where you document your progress.
- ✓ Case study assessments – real-world applications of EFT
- ✓ Mentor feedback to support and guide your development

Upon successful completion, you will be:

- A fully certified EFT practitioner, ready to see clients
- Eligible for professional liability & indemnity insurance
- Prepared with business materials to start practicing immediately


What You'll Walk Away With

By the end of this course, you will:

-  **Confidently use EFT** to help clients with trauma, pain, and fears
-  **Have** real experience working with clients.
-  **Know how to** build a professional, thriving EFT practice.
-  **Have all necessary paperwork** ready to launch your business
-  **Be fully insured** to work as a professional EFT practitioner
-  **Feel personally empowered** after 15+ hours of self-tapping.

Course Cost & Payment Options



 **Early Bird Discount | £500 discount for registrations 2 months before course begins**

£2,250 in full

Early Bird Payment Plan

- £500 deposit to confirm your place
- £625 in Month 1
- £625 in Month 2

Full Price Payment Plan

- £500 deposit to confirm your place
- £875 in Month 1
- £875 in Month 2

This training is equivalent to traditional EFT Levels 1, 2 & 3 but with far more depth and practical application!

Meet Your Trainer

Mary-Jane



- 20 years in holistic health (Homeopathy, Kinesiology, Yoga, EFT).
- EFT practitioner since 2014, trainer since 2016.
- Over 4000+ clinical hours using EFT.
- Extensive experience of working with chronic health conditions and trauma
- Passionate about empowering new EFT practitioners to succeed.

**Join my
thriving
community of
trainees &
practitioners!**



Take the Next Step in Your EFT Journey

✓ Let's Chat: Book a no-obligation 15 minute discovery call:  <https://efttraining.as.me/15minutes>

✓ Start Date: 6th October 2025 – Weekly Monday mornings, 9.30AM – 1.30PM.

✓ Flexible Scheduling:  If you can't make every week, we can agree alternatives.

 Ready to Create Your EFT Practice?

 Email me and let's book a chat.

Contact

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